

Behavioral Health School-Based Services

Considerations for Implementation



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Presenters

- Discuss pros and cons of adding a School-Based Program
- Identify challenges of implementing a School-Based Program
- List the first steps in implementing a School-Based Program

Objectives

Nakenu Family Center

Nakenu is Dena'ina and means "the family"

Kenai, Alaska

- Department of Kenaitze Indian Tribe
 - Community Mental Health Clinic
- Chemical Dependency and Behavioral Health

Introduction



Our Experience

2 Models of Service Delivery

- Individual Skill Provider (ISP) Model
- Case Management Model
- From “ISP Program” to “Youth Services”

PAST

Relationships

- School staff/administrators
- School District Administration
- Parents
- Other Agencies

PAST

Summer Program

- 2 clients for two weeks
- Parents provided transportation
- Limited field trips and programming

PAST

Challenges

- Policies and Procedures
- Technology
- Too Much, Too Soon
- Operating Costs (Snacks, Programming, Resources)
- Limited Basic Training
- Minimal support from administration

PAST

- Program Overview

<u>School</u>	<u>Case Manager</u>
Nikiski Middle/High School	Nicole Murphy
Nikiski North Star Elementary	Janel Elliott, BA
Kenai Middle School	Eric Hoose, BS
Mt. View Elementary	Thia Peters
Soldotna Middle School	Adrienne Herald
Sterling Elementary	Adrienne Herald

- Positions (Case Managers, ISPs, Directing Clinicians)
 - Directing Clinician – meets requirements for Mental Health Professional Clinician
 - Case Manager – meets requirements for Behavioral Health Clinical Associate
 - Individual Skill Provider – meets requirements for Behavioral Health Clinical Associate
- Referrals/Assessments Process
 - Referral sources: Schools, Parents, Office of Children’s Services, Clinicians.
- Medicaid Regulations
 - Assessments
 - Treatment plans
 - Client Status Reviews
 - Service Authorizations
- Positions
- Summer Program
- Challenges

Present

Program Overview

- Approximately 70 Clients
- 6 Schools (Offices in 5)
- 2 Directing Clinicians (Youth Services)
- 5 Case Managers
- Approximately 20 Individual Skill Providers (ISPs)

PRESENT

Memorandum of Agreement

- With Kenai Peninsula Borough School District
- Began in 2007
- Reviewed/updated every two years
- Does not serve as a blanket Release of Information

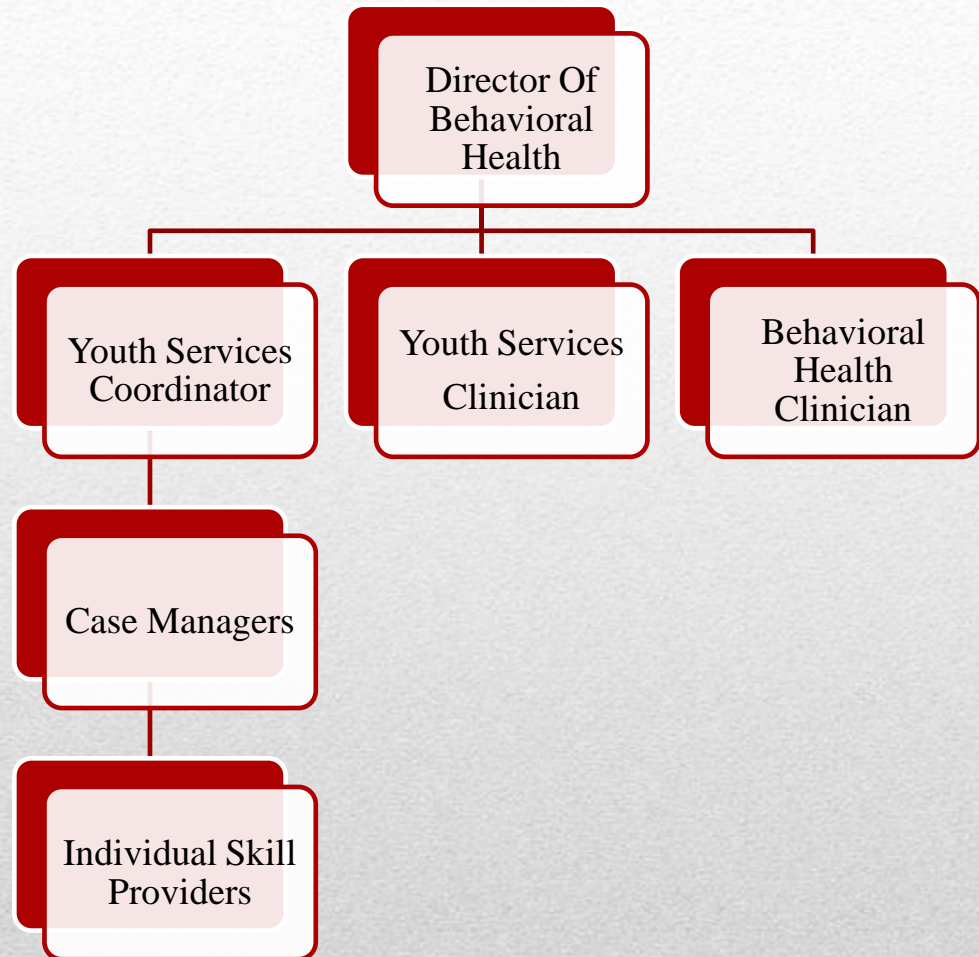
PRESENT

Memorandum of Agreement Language

- Identifies the target population (Youth SED)
- Identifies KIT role, responsibilities, services, and practices.
- Identifies KPBSDs support of program participation and allowance of confidential space.

PRESENT

Youth Services Organizational Chart



PRESENT

Program Positions

- Directing Clinician (\$20-\$32/hr.)
 - *Individual, Group, and/or Family psychotherapy.*
 - *Case Management*
 - *Clinical Oversight of Cases*
- Case Manager (\$16-\$24/hr.)
 - *Individual & Group Therapeutic Behavioral Health Services*
 - *Case Management*
 - *ISP Supervisor*
- Individual Skill Provider (\$12-\$18/hr.)
 - *Individual Therapeutic Behavioral Health Services to identified clients*

PRESENT

Referral Sources

- Schools (primary)
- Parents
- Office of Children's Services
- Clinicians
- Other agencies/providers

PRESENT

Referral Process

- Parent Contact
- Assessment scheduled or referred to DKC

PRESENT

Assessment Process

- 2 – Part Process
 - Parent/Guardian interview
 - School observation, child interview, staff interview

PRESENT

Treatment Flow

- Initial Treatment Plan and Service Authorization Created by Clinician
 - Meeting with Clinician, Client Parent, and Case Manager to establish Treatment Plan
- Treatment Reviews initiated by Case Managers
- Reviewed by Clinician
- Meeting set for formal review and CSR

PRESENT

Summer Program

- 8 weeks (2 x 4-week sessions)
- Groups by age/grade (consideration for social age)
- Minimum 3:1 client/staff ratio
- Located at Kenai Middle School
- Meals and transportation provided
- Daily therapeutic programming
- Daily/Weekly field trips

PRESENT

Challenges

- Technology
- Administrative support
- Clinical support
- Staffing to support services in more schools
- ISP pay and incentive – high turnover

PRESENT

Future Growth

- Community-Based & Wrap-Around Services
- Parenting/Family Support Services
- Services available in all schools within service delivery area

Future

- Start small
- Develop and maintain relationships
- Investment mindset
- On-going training
- Presence in schools at all levels
- Evaluation by schools
- Clinical oversight

Factors for Success

- Transportation
- Training (Essential Learning, Mandt, NFC Clinicians)
- Program supplies
- Outings/groups

Resources



Questions & Answers
